

## Reverse Engineering Your Life Vintage21 / December 31, 2006

Thanks to Mark Driscoll of Mars Hill Church. This talk was used with permission of Mark Driscoll.

### 1 Corinthians 9:24-27

*Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever. Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.*

Why am I not where God has called me to be?

Why is the church not where God has called it to be?

Why is my family unhappy?

Why do I not accomplish what I intend to accomplish?

How can I bring change to these things?

How can I become a Godly Man/Woman?

John 5:36

John 19:30

### Guiding Principles

- 1] Life is checkbook – write a check each day. How do you spend your time?
- 2] You must see the macro before the micro
- 3] To see macro you need faith and imagination, what do you want? What does God want?
- 4] If you are going to dream, dream BIG...What's worth your life...
- 5] Must have a plan...Write it down.
- 6] Count the cost in all you do
- 7] You need a safe place to contemplate the downside
- 8] Premeditated fun must be in your plan
- 9] Acceptable release valve for your pressure... Running, coaching child's team, silence/study...what is it for you?
- 10] A unified team is the only way to succeed.

### Guiding Practices

- 1] Write out 7 priorities. ...No one can do more than 6 or 7 things
- 2] Next, schedule life according to priorities.
- 3] Reverse engineering piece — Pick a day as far in the future that you can reasonable plan toward—1 year, 2 years, 5 years. Ask the questions, then define what/who you want to be on that day...then reverse engineer

How are you going to get to that place you want to be? (Consult the book of Proverbs)

Where will you live?

What will you do?

How many kids do you want to have?

## **Health**

How much will you weigh?

How much will you exercise?

What will have changed about your appearance?

How many hours of sleep will you get a night? (average should get 8 hrs, 5-6 hrs in reality)

How many times a week will you nap?

What day do you Sabbath?

What will your vacations and holidays look like?

## **Practical**

Where do you live? (What's it going to take to get there?)

What do you want in your home? What do you need? Home office to be home with family...craft room for wife...community with other families...not isolated.

What kind of vehicle will you drive?

How long will your commute to work take?

What furniture and appliances will you have gotten rid of or acquired?

## **Financial**

What is your job? What do you want to be doing? Find someone in the church to talk to about the field you are interested in. Actively pursue people that are doing what you want to be doing.

How much money do you make?

Marketplace & the Home --Double income--Statistically Wives make over \$60,000, then she should work...daycare, work clothes, take out, taxes...

How is your money spent, saved, invested, tithed?

What is your insurance? Health, life, dental...etc.

## **Marriage**

How often do you pray together?

When is your date night?

How can you take better care of one another?

Why has your love grown?

How has your home become a place of unplanned connecting?

What brings you together?

**Sexuality – skipped because of mixed community...refer to Song of Solomon & Marriage Series**

## **Family**

How many children will you have? (This affects where you live, how much you make, car, private schools, raise children)

How will they be educated? Public school, home school, private school?

Extended family

What is your relationship like with each family member (mom, dad, brother, sister, grandparent)

If your extended family is close by, what are the boundaries?

How do they play into holidays, birthdays, and vacations?

Every time they fight, do you have to be in the middle of it?

## **Friends**

Who are your closest friends going to be?

Which people should you drop as friends?

Which friends should your spouse drop?

What things do you do with your friends?

Who no longer has your direct phone number/email?

Get rid of voicemail....you get stuck with work you didn't agree to

## **Learning**

What area have you studied deeply?

What books have you read?

Do you have a mentor?

Do you have a reading plan?

Listen to sermons, mp3s.

At least 30 minutes a day...

## **Ministry**

How are you building the Kingdom of God?

Are you doing the WORK that GOD called you to?

What are you doing in the church?

How are you pastoring your family?

## **Changes**

What do you have to change in yourself, ministry, and family to accomplish your goals?

What top 3 time, energy, and emotional drainers have you dropped?

What 3 changes in your life would make the biggest differences? (joining a gym, buying a house)

What 3 things do you need the most?

What obstacles are keeping you from living by your convictions?

Do you need counseling?

## **People**

3 people really know you, 12 people you hang with...that's it other than your family.

Is this person is a good investment?

Who are the most helpful people that you need to spend more time with?

Who do you need time with? A counselor, a mentor, a financial planner, a teacher

## **Things**

What do you need? Work-out equipment, bed, a house, a car, furniture, and new appliances...

## **Handing off**

What can you hand off? Think through the details!

Make your schedule 24/7

When are you going to do anything/everything?

## **Can you do it?**

4 kinds of things

- 1] Something you think you can control and you can = DO IT!
- 2] Something you think you can't control and you can = DO IT!
- 3] Something you think you can control and you can't = LET IT GO!
- 4] Something you think you can't control and you can't = LET IT GO!

Should you do it? Only do what is in your priorities.